

# Cookbook of Activities for Driver Education

MT CURRICULUM GUIDE

M6

Objective: Gain Power – No Tailgating

## INGREDIENTS

Three chairs

## INSTRUCTIONS

**Place two chairs in front of the room.** Push the second chair quickly to the back of the first chair. Ask: “Is this okay?” “Is this not okay?” Have the class discuss what is not okay.

Now demonstrate the same activity, only this time moving the chair slower to the back of the first chair, stopping a distance away. Ask: “Okay or not Okay?” “What did you like about this?”

**Discuss** the problems associated with this bad habit. Add a third chair. Now the second driver is sandwiched in between the cars. What if the driver in the second car is late for a job interview? How does the 2nd driver feel? Victimized! This driver has a bad habit of tailgating and he created the situation. Who has the most power in this situation? Answer: The first car!

Control your space; take power over your space. Stop where you can see the tires of the vehicle ahead!

MT CURRICULUM GUIDE

M 6

Objective: Looking and Not Seeing

## INGREDIENTS

Student’s watch

## INSTRUCTIONS

**Ask:** Without looking, what does the number 10 on your watch look like? Write it down.

**Now,** without looking, write the exact time your watch said!

**Point out** we look at our watch 1,000's of times, yet we never look at the numbers. Do we see it with our eyes or mind? Answer: We see it with our mind.

We need our eyes to process information. Reference points will let us see relationships with our mind, rather than our eyes.